



## Repetitive Transcranial Magnetic Stimulation (rTMS) Authorization Request Form

Securely email form to: [outpatient\\_team@carelon.com](mailto:outpatient_team@carelon.com)

**Please attach your intake assessment for TMS that documents the items below for: diagnosis (and associated symptoms), past trials of TMS, psychotherapy, psychopharmacology, and psychometric measurement.**

|  |   |         |
|--|---|---------|
| <input type="checkbox"/> In Network  | <input type="checkbox"/> Out of Network |         |
| Member Name:   | DOB:                                    | Gender: |
| Health Plan:   | Policy #:                               |         |
| Date and Time of Request:  |   |         |
| Treating Clinician/Facility:   |   |         |
| If the treating clinician is not making this request, has the treating clinician been notified? <input type="checkbox"/> Yes <input type="checkbox"/> No |   |         |
| Phone #:   | NPI/TIN:                                |         |
| Servicing Clinician/Facility:  |   |         |
| Phone #:   | NPI/TIN:                                |         |

**1. Diagnosis code and description:**

|  |
|--|
|  |
|--|

**2. Does the Member have a history of TMS attempts in the past?**

|   |
|---|
| <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><br>If yes, was there a positive outcome?<br><input type="checkbox"/> Yes<br><input type="checkbox"/> No |
|---|

**3. Has the Member had an adequate trial of evidence-based psychotherapy, without significant improvement within the past 5 years?**

|  |
|--|
| <input type="checkbox"/> Yes<br><input type="checkbox"/> No                                      |
| Type of psychotherapy:   |
| Dates of evidence-based psychotherapy trial:   |
| If the Member has not had an adequate trial of evidence-based psychotherapy, what is the reason? |

**4. Please fill in the Member's psychotropic medications taken within the past five years:**

| Medication Name | Dose | Dates of Use (Start and End Dates) | Response<br>Atypical Agents  |
|-----------------|------|------------------------------------|--|
|                 |      |                                    | <input type="checkbox"/> Improved <input type="checkbox"/> Inadequate Response<br><input type="checkbox"/> Adverse Response <input type="checkbox"/> Intolerability<br><input type="checkbox"/> Non-adherence <input type="checkbox"/> Other _____ |
|                 |      |                                    | <input type="checkbox"/> Improved <input type="checkbox"/> Inadequate Response<br><input type="checkbox"/> Adverse Response <input type="checkbox"/> Intolerability<br><input type="checkbox"/> Non-adherence <input type="checkbox"/> Other _____ |
|                 |      |                                    | <input type="checkbox"/> Improved <input type="checkbox"/> Inadequate Response<br><input type="checkbox"/> Adverse Response <input type="checkbox"/> Intolerability<br><input type="checkbox"/> Non-adherence <input type="checkbox"/> Other _____ |
|                 |      |                                    | <input type="checkbox"/> Improved <input type="checkbox"/> Inadequate Response<br><input type="checkbox"/> Adverse Response <input type="checkbox"/> Intolerability<br><input type="checkbox"/> Non-adherence <input type="checkbox"/> Other _____ |
|                 |      |                                    | <input type="checkbox"/> Improved <input type="checkbox"/> Inadequate Response<br><input type="checkbox"/> Adverse Response <input type="checkbox"/> Intolerability<br><input type="checkbox"/> Non-adherence <input type="checkbox"/> Other _____ |

(continued)

| Medication Name  | Dose | Dates of Use (Start and End Dates) | Response<br>Atypical Agents  |
|--|------|------------------------------------|--|
|  |      |                                    | <input type="checkbox"/> Improved <input type="checkbox"/> Inadequate Response<br><input type="checkbox"/> Adverse Response <input type="checkbox"/> Intolerability<br><input type="checkbox"/> Non-adherence <input type="checkbox"/> Other _____ |
| Please list any Augmenting Agents used: _____  |      |                                    |  |
| If no medications were used, are they contraindicated?   |      |                                    |  |
| <input type="checkbox"/> Yes<br><input type="checkbox"/> No  |      |                                    |  |
| <b>5. Were any of these meds used during this depressive episode?</b>  |      |                                    |  |
| <input type="checkbox"/> Yes, list medications: _____<br><input type="checkbox"/> No   |      |                                    |  |
| If yes, was improvement inadequate at adequate dose and duration?  |      |                                    |  |
| <input type="checkbox"/> Yes, list dose and duration: _____<br><input type="checkbox"/> No   |      |                                    |  |
| If yes, was the medication discontinued due to side effects?   |      |                                    |  |
| <input type="checkbox"/> Yes, list side effects: _____<br><input type="checkbox"/> No  |      |                                    |  |
| <b>6. Please check all that apply:</b>   |      |                                    |  |
| <input type="checkbox"/> Vagus Nerve Stimulator leads in the carotid sheath<br><input type="checkbox"/> Other implanted stimulators controlled by or that use electrical or magnetic signals<br><input type="checkbox"/> Conductive or ferromagnetic or other magnetic-sensitive metals implanted or embedded in head or neck within 11.81 inches (30 cm) of TMS coil placement other than dental fillings<br><input type="checkbox"/> Acute or chronic psychotic disorder<br><input type="checkbox"/> Seizure disorder or history of seizure disorder<br><input type="checkbox"/> Substance abuse at time of treatments<br><input type="checkbox"/> Severe dementia<br><input type="checkbox"/> Non-adherence with previous depression treatments<br><input type="checkbox"/> None of the above |      |                                    |  |
| <b>7. Will the first treatment session include determining correct magnetic pulse strength and placement of the magnetic coil?</b>   |      |                                    |  |
| <input type="checkbox"/> Yes<br><input type="checkbox"/> No  |      |                                    |  |
| <b>8. What is the Member's most recent score on a validated self-report depression rating scale?</b>   |      |                                    |  |
| Rating scale used:   |      |                                    |  |
| Score:   |      |                                    |  |
| Date completed:  |      |                                    |  |