

- **PROVIDER ALERT — IMPORTANT INFORMATION — PLEASE READ**

It has been brought to our attention that there has been a communication to Military members that may cause some confusion regarding the services provided by Military OneSource and what encompasses “non-medical counseling.” We would like to reiterate to our providers that non-medical counseling does NOT encompass ANY substance abuse treatment, services related to Post Traumatic Stress Syndrome, Traumatic Brain Injury, nor any mental disorder identified in the Diagnostic and Statistical Manual of Mental Disorders.

All of the above issues will be referred to the appropriate medical treatment facility on the service member’s installation, TRICARE, or community mental health provider. Appropriate issues for non-medical, short-term, solution-focused problem solving services include, but are not limited to, subclinical issues such as:

- Relationships; parenting or communication issues
- Relocation
- Academic and occupational problems,
- Anger management,
- Grief
- Stress
- Adjustment
- Deployment
- Reintegration
- Separation
- Phase of life
- Decision-making
- Life skills
- Coping skills
- Interpersonal skills

As a reminder, **MOS providers may not self-refer for clinical mental health therapy.** Thank you for all you do to support service members and families!