



# STAR BEHAVIORAL HEALTH PROVIDERS®

## TRAINING PROGRAM



A three-tiered training program for civilian behavioral health providers interested in working with service members, veterans and their families.

## REFERRAL REGISTRY



A public, online registry searchable by location, condition, insurance type, telehealth, and more for service members, veterans and their families.

### EACH TRAINING BUILDS ON THE ONE BEFORE

#### Tier One Training (one day)

Service Member Perspective, Deployment Cycle, and Military Culture

#### Tier Two Training (two days)

Sleep Disturbances, Traumatic Brain Injury, Post-Traumatic Stress Disorder, Military Families, Suicide, and Ethics

#### Tier Three Training (two days per topic)

Acceptance & Commitment Therapy, CBT- Insomnia, CBT- Suicide Prevention, Cognitive Processing Therapy, and Prolonged Exposure Therapy

### MORE ABOUT SBHP

- » Offers online and in-person workshops with free CE to providers
- » Provided 219,000+ training hours and more than 550+ training workshops since 2011
- » 1,400+ providers on the registry
- » Significant increases in participants' confidence to treat service members and veterans
- » Significant gains in participants' knowledge about military culture and evidence-based psychotherapies (EBPs)

### SBHP IS CURRENTLY AVAILABLE IN THE FOLLOWING STATES

Alaska, Arizona, Arkansas, California, Connecticut, Georgia, Indiana, Kentucky, Maine, Maryland, Massachusetts, Michigan, Missouri, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin

Learn more  
at [www.starproviders.org](http://www.starproviders.org)

*Collaborators*



Military Family Research Institute

