

## What is HEDIS<sup>®</sup>?

HEDIS<sup>®</sup> (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures in the managed care industry, developed and maintained by NCQA. HEDIS<sup>®</sup> measures results and drives improvement efforts surrounding best practices.

## What is the HEDIS<sup>®</sup> SMC measure looking at?

The percentage of members aged 18 – 64 with schizophrenia or schizoaffective disorder AND cardiovascular disease, who had an LDL-C test during the calendar year.

## Why is the HEDIS<sup>®</sup> SMC measure important?

Persons with serious mental illness who use antipsychotics are at increased risk of cardiovascular diseases and diabetes; because of this, screening and monitoring of these conditions is important. Lack of appropriate care for diabetes and cardiovascular disease for people with schizophrenia or bipolar disorder who use antipsychotic medications can lead to worsening health and death. Addressing these physical health needs is an important way to improve health, quality of life and economic outcomes downstream.<sup>1</sup>

## Who is included in the measure?

- Members with either 1 acute inpatient encounter or two outpatient encounters with a diagnosis of either schizophrenia or schizoaffective disorder during the current calendar year; AND have a cardiovascular disease diagnosis in the current or previous calendar year
- Medicaid members aged 18-64

## Which Members are excluded?

- Members using hospice services at any time during the year.

## When does the Member 'pass' the measure?

When they have a calculated or direct LDL.

## What can providers do to help improve HEDIS<sup>®</sup> SMC rates?

- Order labs prior to patient appointments
- Ensure lipid levels, blood pressure and glucose are monitored at every appointment
- For patients that do not have regular contact with their PCP, coordinate medical management – including communication of lab results - with PCP
- Educate patient (and caregiver) about the risks associated with antipsychotic medications and cardiovascular disease and the importance of a healthy lifestyle.
- Assess the need for Case Management and refer if necessary

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HEDIS<sup>®</sup> is a registered trademark of the National Committee for Quality Assurance (NCQA).

<sup>1</sup> NCQA Measures and Technical Resources Website: <https://www.ncqa.org/hedis/measures/diabetes-and-cardiovascular-disease-screening-and-monitoring-for-people-with-schizophrenia-or-bipolar-disorder/>