

## Provider Tip Sheet

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### What is HEDIS<sup>®</sup>?

HEDIS<sup>®</sup> (Healthcare Effectiveness Data Information Set) is a widely used set of performance measures in the managed care industry, developed and maintained by NCQA. HEDIS<sup>®</sup> measures results and drives improvement efforts surrounding best practices.

### What is the HEDIS<sup>®</sup> SSD measure looking at?

The percentage of members aged 18 – 64 with schizophrenia or schizoaffective disorder OR bipolar disorder who were dispensed an antipsychotic medication and had a diabetes screening test during the calendar year.

### Why is the HEDIS<sup>®</sup> SSD measure important?

Persons with serious mental illness who use antipsychotics are at increased risk of cardiovascular diseases and diabetes; because of this, screening and monitoring of these conditions is important. Lack of appropriate care for diabetes and cardiovascular disease for people with schizophrenia or bipolar disorder who use antipsychotic medications can lead to worsening health and death. Addressing these physical health needs is an important way to improve health, quality of life and economic outcomes downstream.<sup>1</sup>

### Who is included in the measure?

- Members with either one acute inpatient encounter or two outpatient encounters with a diagnosis of either schizophrenia, schizoaffective disorder, or bipolar disorder.
- Medicaid members aged 18-64.

### Which Members are excluded?

- Members with a diagnosis of diabetes at any time during the current or previous calendar year.
- Members who had no antipsychotic medications dispensed during the current calendar year.
- Members using hospice services at any time during the current calendar year.

### When does the Member 'pass' the measure?

When they have a glucose test or HbA1c test performed.

### What can providers do to help improve HEDIS<sup>®</sup> SSD rates?

- Document all elements of exam, including medications, diagnosis, and results of HbA1c.
- Ensure patient schedules appropriate lab screenings.
- Ensure patient (and/or caregiver) is aware of the risk of diabetes and have awareness of the symptoms of new onset diabetes while taking antipsychotic medication.
- Educate patient (and caregiver) about the risks associated with antipsychotic medications and cardiovascular disease and the importance of a healthy lifestyle.
- Assess the need for Case Management and refer if necessary.

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HEDIS<sup>®</sup> is a registered trademark of the National Committee for Quality Assurance (NCQA).

<sup>1</sup> NCQA Measures and Technical Resources Website: <https://www.ncqa.org/hedis/measures/diabetes-and-cardiovascular-disease-screening-and-monitoring-for-people-with-schizophrenia-or-bipolar-disorder/>