

# Community Pathways

## Supports for Connecticut families

Community Pathways is a unique, strengths-based program serving all Connecticut families and their children under age 18 in order to:

- Empower families to be their own best advocates.
- Help families navigate the Connecticut children's behavioral health system of care.
- Provide family-centered support.

By dialing **877-381-4193 (option 1)**, callers can speak to a specialist to discuss supports and get connected to resources.

Accepting referrals from families and community partners, we provide **information, access, and connection** to needed community-based supports and evidence-based interventions.



## Supports across Connecticut can be found here

**Contact Carelon Behavioral Health's Community Pathways program at 877-381-4193 (option 1) during regular business hours for:**

- In-home services to help with a mental health or substance use problem for parents and youth under 18.
- Non-emergency behavioral health needs.
- In-home, evidence-based interventions.

**Dial 2-1-1 for:**

- 24/7 emergency mobile crisis support.
- Connection to social drivers of health needs such as housing, income, childcare, legal assistance, and other social services.

**Call the Department of Children and Families 24/7 Careline at 800-842-2288 to:**

- Connect to Voluntary Care Management services.
- Report child maltreatment, abuse, or neglect.

# Families eligible for Community Pathways

Parents or caregivers with a child under the age of 18 in need of a non-emergency referral can call Carelon Behavioral Health at **877-381-4193 (option 1)**. Specialists will connect families to evidence-based interventions and community resources and will provide on-going support as needed. This program is available regardless of income or insurance.

## Our approach — families take the lead

The values and philosophy of Carelon's Community Pathways program are based on the Wraparound model, which is a family-centered, strengths-based approach that focuses on keeping families together and connecting them to their communities. Families are the drivers of their care. We listen and collaborate to create a plan of care and provide a safety net of support to manage difficult situations should they arise.

## Background

Carelon's Community Pathways program is part of Connecticut's Family First Prevention Services Act Plan. The plan increases access to preventive services to children and families. Our person-centered, strengths- and family-based approach promotes early intervention to ensure optimal results for children and their families.

## Referrals and information

The Community Pathways Program is funded through the CT Department of Children and Families (DCF).

[Select here](#) for a listing of family resources or visit [carelonbehavioralhealth.com/providers/forms-and-guides/ct](https://carelonbehavioralhealth.com/providers/forms-and-guides/ct) and look for Additional Resources.

Call: **877-381-4193, option 1** to connect to effective parenting, mental health, and substance-use programs and community-based supports.

Email: [CPathways@carelon.com](mailto:CPathways@carelon.com)

Fax: **860-707-1003**

Community Pathways Referral Form: [select here](#) and then go to Connecticut Child and Family Division -> Community Pathways.

### About Carelon Behavioral Health

Carelon Behavioral Health is the country's leading behavioral health management company. Serving 40 million people, we deliver tailored, holistic services to help people live their lives to their fullest potential.

