

Referral Date: \_\_\_\_\_ Member Name: \_\_\_\_\_ Medi-Cal CIN ID#: \_\_\_\_\_

DOB: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_ Preferred Language: \_\_\_\_\_

Phone: \_\_\_\_\_ (home); \_\_\_\_\_ (parent/guardian's cell); \_\_\_\_\_ (member's cell)

Member address: \_\_\_\_\_

Does the minor 12 and older have capacity to give consent to services?  Yes  No If no, please explain \_\_\_\_\_

Best day/time to reach the member: \_\_\_\_\_ Best day and time to reach the parent/guardian: \_\_\_\_\_

PCP Clinic/Agency: \_\_\_\_\_ Name of PCP: \_\_\_\_\_ PCP Phone #: \_\_\_\_\_

**To receive a confirmation of this referral's outcome, please check the box below noting preferred method and contact details:**

Email address: \_\_\_\_\_  Fax Number: \_\_\_\_\_

Please check to confirm member eligibility was verified

**PCP Request (one request per referral form)**

**PCP Decision Support:** To obtain a mental health educational conversation with a Carelon Behavioral Health psychiatrist related to psychiatric diagnoses/medications. Contact the National Peer Advisor line: **Office Hours: 6am-5pm PST Monday – Friday**  
**Please call phone number: 877-241-5575**

**Referral for Outpatient Behavioral Health Services:** Refer members for therapy or medication management via Carelon Behavioral Health's network of providers when their needs are outside the PCP scope of practice. Carelon Behavioral Health can coordinate member care with county mental health. Fax: **877.321.1787** OR secure email: [medi-cal.referral@carelon.com](mailto:medi-cal.referral@carelon.com)

**Behavioral Health Treatment (BHT)/Applied Behavioral Analysis (ABA) Services:** Specialty services for youth under 21 years old with established diagnosis of Autism Spectrum Disorder (ASD) or for whom BHT/ABA services are medically necessary. \*\*Include documentation or progress note with physician order requesting ABA services.  
Fax: **877.321.1776** OR secure email [ASGCare.Managers@carelon.com](mailto:ASGCare.Managers@carelon.com)

**Request Reason** (check all that apply):

Symptoms:

- |  |   |                                       |
|--|---|---------------------------------------|
| <input type="checkbox"/> Depression  | <input type="checkbox"/> Perinatal depression/anxiety | <input type="checkbox"/> PTSD/Trauma  |
| <input type="checkbox"/> Poor self-care due to mental health                   | <input type="checkbox"/> Violence/Aggressive behavior | <input type="checkbox"/> Chronic Pain |
| <input type="checkbox"/> Psychosis (auditory/visual hallucinations, delusions) | <input type="checkbox"/> Psychological testing        | <input type="checkbox"/> Anxiety      |
| <input type="checkbox"/> Adverse Childhood experiences (ACEs)                  | <input type="checkbox"/> Neuropsychological testing   |                                       |
| <input type="checkbox"/> Substance use, please specify: _____                  |   |                                       |
| <input type="checkbox"/> Other BH symptoms: _____                              |   |                                       |

Impairments:

- Difficulties/Unable to complete ADLs  Difficulties maintaining relationships  Legal  CPS  
 Difficulties/Unable to go to work/school  Other: \_\_\_\_\_

**Medications** (list below or send medication list with this form, please include dosage):  
 \_\_\_\_\_  
 \_\_\_\_\_

**Motivation for Services** (check all that apply)

- Member (or guardian) has been informed of referral to Carelon Behavioral Health  
 Member wants services for self (or dependent)  
 Member is unsure or ambivalent about services for self (or dependent)  
 If applicable, Member has completed a PHQ-2/PHQ-9, Score \_\_\_\_\_

**For members 12 and older, in certain situations under privacy law AB1184 a written ROI may be required to share sensitive information with anyone including parents and guardians. If possible, please send this referral form along with a completed release of information for anyone who may be involved in the member's care.**



